# **Holly Watson**

## Circus Artist and Coach



#### **Skills**

#### Coaching

- Flying Trapeze
- Static Trapeze
- Corde Lisse
- Acrobalance

## **Performing**

- Flying Trapeze Flyer
- Static Trapeze
- Corde Lisse
- Acrobalance
- Fire and Dance

## **Training and Education**

**Circus Training - Bristol - 2013 - 2014**Circomedia Academy of Contemporary
Circus and Physical Performance

University of Liverpool - Liverpool - 2009 - 2013

French and Philosophy BA - 2-1

#### Other Skills

**Rigging - My Aerial Home - 2019** High Performance Rigging Certificate

**UK Driving License** 

### **Personal Statement**

I have been developing my technique as a flying trapeze coach for 3 years and in that time have nurtured the trust of my students.

I can competently lead fly classes; lines, board and catch (in lines).

I have strong organisational skills, am confident in my ability to manage teams and work with people in a constructive way.

## **Coaching Experience**

**Gorilla Circus - London - Summer 2019** School Manager and Instructor

**La Grainerie - Toulouse - Winter 2018- 2019** Flying Trapeze Instructor

**Gorilla Circus - London - Summer 2018** Flying Trapeze Instructor

Extreme Circus - Cabarete - Winter 2017- 2018
Flying Trapeze Instructor, Aerial Instructor

**Gorilla Circus - London - Summer 2017**Flying Trapeze Instructor

Circomedia - Bristol 2014 - 2017

Flying Trapeze Instructor, Aerial Instructor, Youth Circus Instructor

## **Performance Experience**

My Aerial Home - London - 2019 Aerial showcase, Corde Lisse performance

**Extreme Circus - Cabarete - Winter 2017- 2018** Flying Trapeze weekly showcase

Above and Beyond - Bristol - 2013- 2017

Static aerial performances including Static Trapeze and Lyra. Flying Trapeze shows and Static Cradle in collaboration with Omnivolant Berlin

Foolish Rogues - Bristol - 2013-2018

Trapeze hangabout performances and character performances

Aerial performance coordinator with Noisily Festival

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